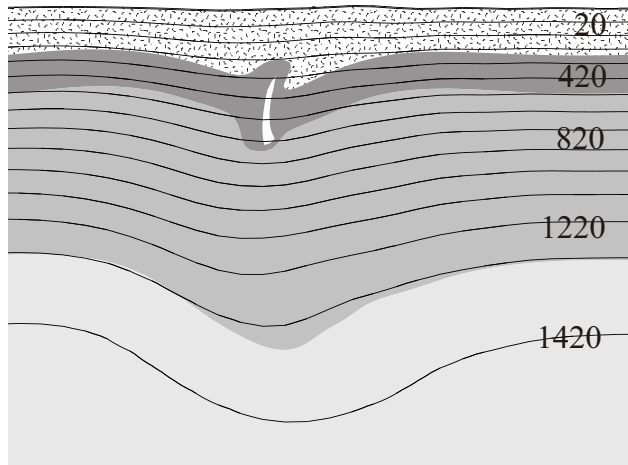
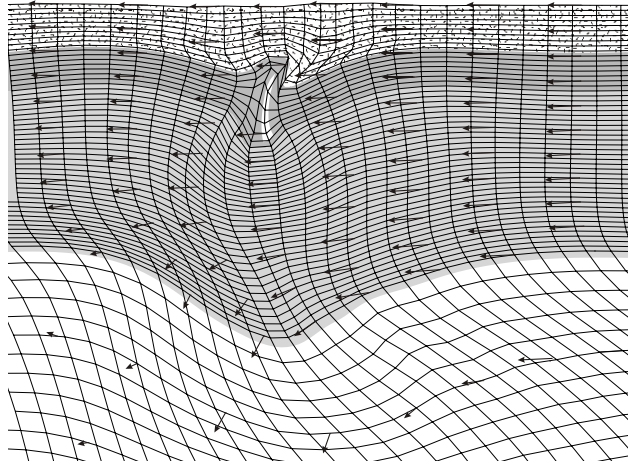


$\Delta x = 300 \text{ km}$



$\leftarrow 1.5 \text{ cm/yr}$